



***RUN
FREE***
 **JAMAICA**

PROSPECTUS

2016

...Run Free...

Genesis & Inspiration

The *Run Free* project is the Jamaican extension of the National Theatre of Scotland's theatre production "JUMP". *Run Free* fuses physical theatre, storytelling and the movement discipline of Parkour – otherwise known as Free Running – into a devised theatrical production.

Using the grace, flow and style of Parkour, participants explore the challenges and obstacles they face growing up in an age of unprecedented and unpredictable change.

The British Council was introduced to the National Theatre of Scotland's "JUMP" project, and was inspired to establish a similar program in the Caribbean. They engaged Manifesto Jamaica to make it happen. After a 10-day pilot programme in 2014, we've come a long way.







OBJECTIVES

- Impart leadership, team building and community development skills, through active co-operation in the evolution & implementation of the programme.

The primary objectives of the Run Free project are to:

- Impart the life skills required to navigate the challenges young men face, growing up in an age of unprecedented and unpredictable change.
- Strengthen and expand the community of Parkour coaches and practitioners in Jamaica.
- Provide an avenue for reflection, relaxation, education and support to young men who are susceptible to anti-social behavior.



IN 2 YEARS

-> 2 Level 1 Parkour coaches from Jamaica trained and certified.

-> 15 previously 'detached' young men now enrolled in an academic/training institution, or employed at least part-time.

-> 50 young Jamaicans given 300+ hours of Parkour coaching, physical theatre training & mentorship.

-> 500 Indirect beneficiaries in the Parade Gardens Community.



IMPACT



See Team Run Free In Action
<https://vimeo.com/144549316>

PRACTICE MAKES PERFECT

Team Run Free has an opportunity to travel to Glasgow to perform at the Home Away Festival, hosted by the National Theatre of Scotland in October 2016.

To get there, we will need to hit the ground running [pun intended :] with a consistent and intensive rehearsal schedule until September. We hope to stage the show for a Jamaican audience in August, before travelling to Glasgow.



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OUR NEXT

MILESTONES & TARGETS

**Research,
Development
& Engagement**
February 2016

**Start training &
rehearsing**
April 23, 2016

**Emancipation
Day
Performance**
August 2016

**Home Away
Festival**
October 6-13
2016



TEAM

RUN FREE

Participants in the Run Free project are young men, ages 15 to 21, from Parade Gardens in central Kingston.

The project is conceptualized, financed and implemented through collaboration between the British Council, National Theatre of Scotland and Manifesto Jamaica.

Glasgow Parkour Coaching, the Jamaica Defence Force, Articulet Edutainment, Runnurs United Jamaica, Joeka Productions and Life Yard provide training, mentorship & logistics support.



Run Free in the Media

Run Free Intro Video

<https://vimeo.com/144549316>

Run Free Gives At-Risk Youth A Second Chance

<http://jamaica-gleaner.com/article/art-leisure/20150816/run-free-project-gives-risk-youth-second-chance>

Run Free: Islandwide Parkour Tour

<http://www.rosssheil.com/tag/manifesto-jamaica/>

JUMP Gives Youth A Voice

<http://jamaica-gleaner.com/article/art-leisure/20150726/jump-gives-youth-voice>



LINK UP

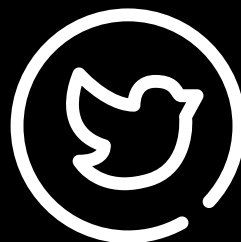
Let's talk partnership & how you could
be part of it.

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